

NAATP Outcomes Pilot Program Quarterly Report

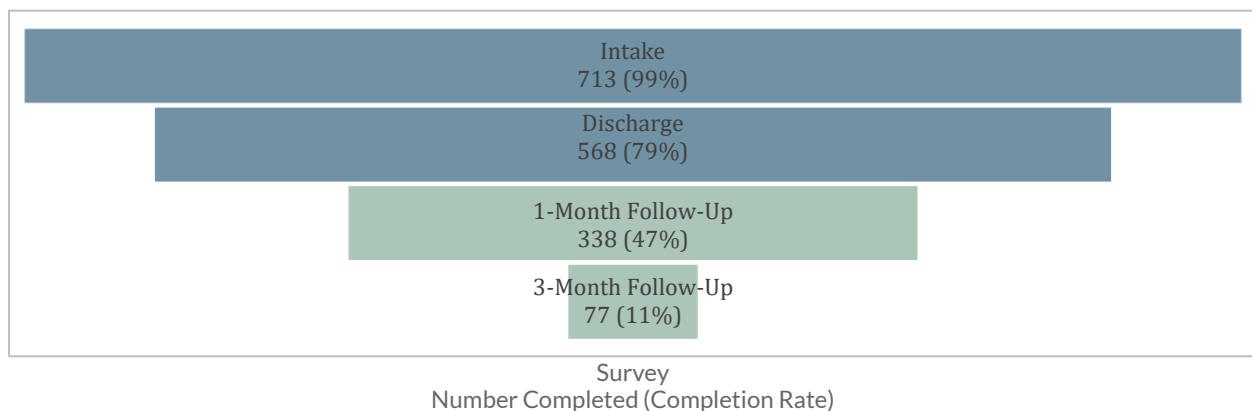
Aggregate

Reporting Period: September 7, 2016 – January 19, 2016

The National Association of Addiction Treatment Providers (NAATP) Outcome Pilot Program (OPP) is a multi-site study designed to measure long-term outcomes for patients who receive inpatient substance use disorder services. Nine substance abuse treatment providers are participating in the study. Participants who enroll in the evaluation complete an intake survey at the start of treatment, and a follow-up survey at one month, three months, six months, nine months, and twelve months after intake to treatment. Each survey assesses substance use patterns, family and social support in treatment, and mental health.

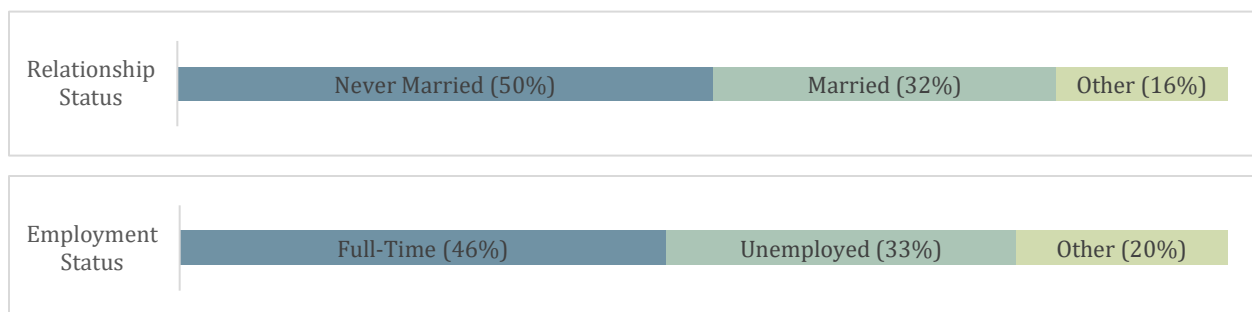
Data Collection Summary

During the reporting period, 723 clients enrolled in the evaluation. Follow-up rates for survey completion at each time point are presented below. Follow-up rates are calculated based on the number of participants enrolled in the evaluation. As more participants become eligible for each follow-up survey, follow-up rates will likely increase.



Client Characteristics

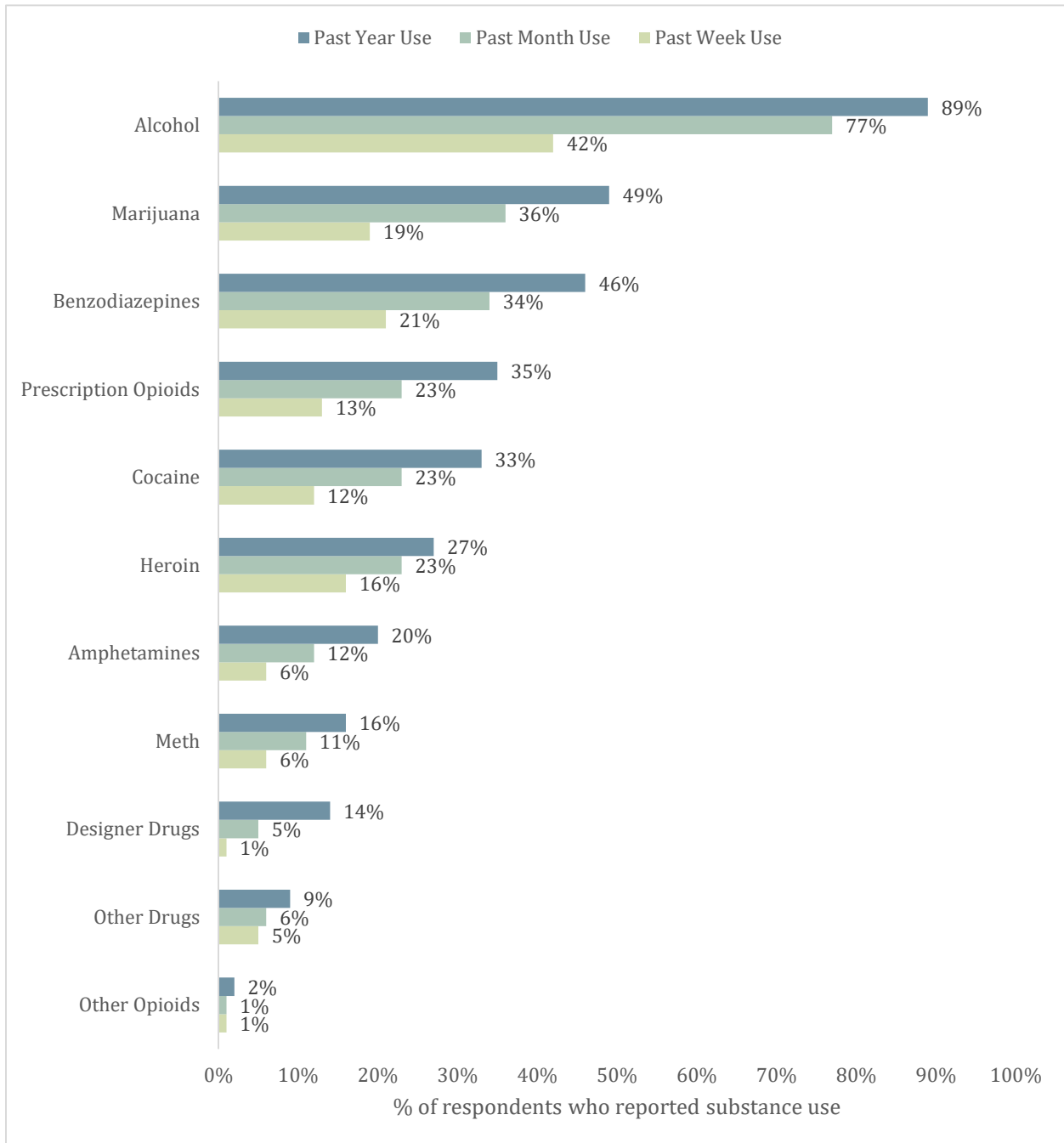
Participants range in age from 18 to 74, with a mean age of 37 years. Fifty-nine percent of participants are male and 34% are female. Four percent of participants identify as Hispanic or Latino. Ninety-one percent of participants identify as White, 3% identify as Black or African American, 2% identify as American Indian or Alaskan Native, 1% identify as Asian, and less than 1% identify as Native Hawaiian or Other Pacific Islander. Because participants could skip questions, reported percentages may not sum to 100%.



Note: The "Other" relationship status category includes participants who are divorced, separated, or widowed. The "Other" employment status category includes participants who are working part time, not working for pay by choice, disabled, or retired.

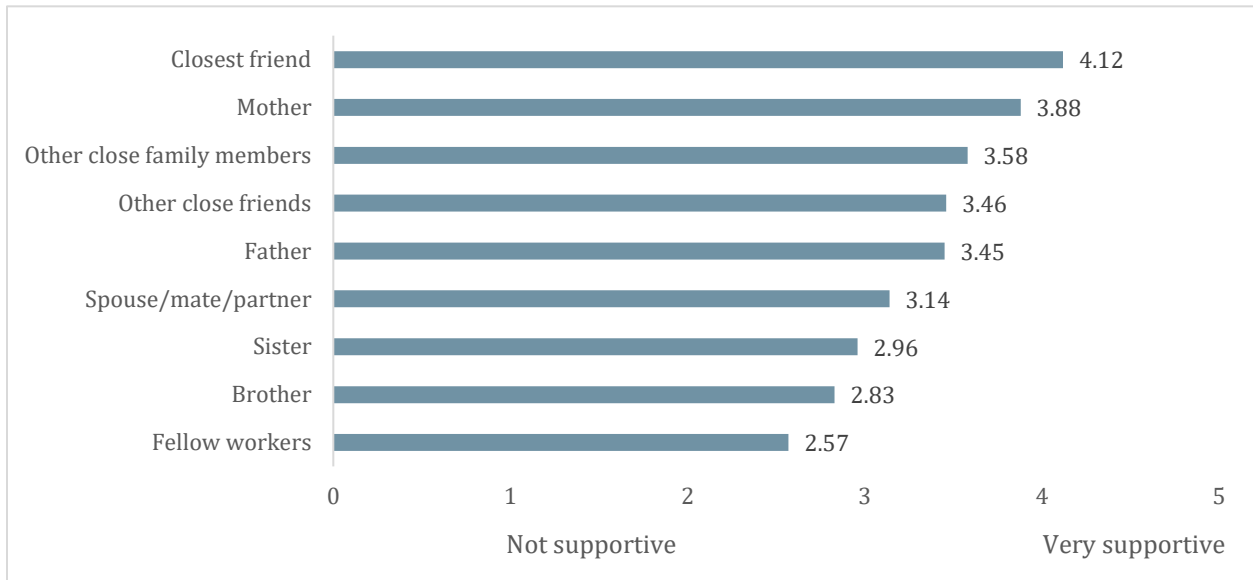
Substance Use and Treatment History

At intake to treatment, participants indicated the substances they used in the past week, in the past month, and in the past year. The two most common substances participants had used in the past year or past month were alcohol and marijuana. The two most common substances participants had used in the past week were alcohol and benzodiazepines. Sixty-three percent of participants had received treatment for a substance use disorder prior to admission. The amount of time since last treatment ranged between 0 months and 30 years with an average of 2 years and 5 months.



Support During Treatment

Participants were asked to indicate the extent to which their friends and family are supportive of their treatment on a six-point scale (0 = No contact/NA, 1 = Not supportive, 2 = Somewhat unsupportive, 3 = Neutral, 4 = Somewhat supportive, 5 = Very supportive). Responses were averaged to create a mean response value. On average participants indicated that closest friend and mother were most supportive of their treatment.



Mental Health

At intake, participants indicated if they had experienced any mental health concerns in the last 30 days. The two most common mental health concerns were anxiety or tension and trouble concentrating. Forty percent of participants were currently seeing a mental health professional at intake to treatment. Forty-five percent of participants were currently taking medication for a psychological/psychiatric condition.

