



SCREENING QUESTIONS FOR EMPLOYEES

Jaywalker Lodge continues to closely monitor the spread of COVID-19. With its arrival in our local community, the leadership of Jaywalker is urging employees to take precautions with personal travel to minimize the risk of exposure. We understand that staff may have booked vacation or family trips. While we have no authority to cancel these trips, it is strongly suggested that employees postpone or cancel travel until the COVID-19 situation improves.

Employees leaving the area will be required to notify their supervisor, and will be screened/assessed prior to their return to work. It is the employee's responsibility to notify their supervisor of their return and to make contact with their supervisor prior to returning to work.

The following screening questions have been put in place to help ensure the safety of the Jaywalker Lodge community. It is the supervisor's responsibility to ask these questions, and it is the employees' responsibility to report any changes or signs/symptoms should they develop after screening.

- Have you traveled internationally in the last 14 days? If yes, where?

- What state are you traveling to/from? And what was your primary mode of transportation?

- Have you been in close contact with an individual suspected of or having been confirmed with the COVID-19 (Coronavirus) infection?

- Have you visited or are you returning from a community in which there has been a community outbreak or confirmed cases of COVID-19?

- Have you been in close proximity to anyone with a fever, dry cough, shortness of breath, nasal congestion, runny nose, sore throat or any sort of respiratory illness in the last 14 days?

- Have you experienced a fever, dry cough, shortness of breath, nasal congestion, runny nose, sore throat or any sort of respiratory illness in the last 14 days?

- Are you currently experiencing a fever, dry cough, shortness of breath, nasal congestion, runny nose, sore throat or any sort of respiratory illness in the last 14 days?

Employee Signature

Date

If 'YES' was declared on any of the above questions, do not allow the employee to work without notifying Kortney Hartman.

Supervisor Signature

Date



SCREENING QUESTIONS FOR ADMISSIONS & VISITORS OF JAYWALKER LODGE

Jaywalker Lodge continues to closely monitor the spread of the COVID-19. In an effort to protect our community, clients, and staff, we would like to screen any visitors and future clients to help ensure the safety of our community.

If you answer 'Yes,' to any of the following questions, we would like to respectfully ask that you delay your visit or stay with us:

Have you traveled internationally in the last 14 days? If yes, where?

- High risk countries/areas as outlined by the CDC as of 3/5/20:
China, Iran, Italy, Japan, South Korea

What state are you traveling from?

- 13 states with confirmed cases as of 3/5/20:
Arizona, California, Florida, Georgia, Illinois, Massachusetts, New Hampshire, New York, North Carolina, Oregon, Rhode Island, Washington, Wisconsin

Have you experienced or had a fever, cough, difficulty breathing, or any sort of respiratory illness in the last 14 to 21 days?

Have you been in closed proximity to anyone with a fever, cough, difficulty breathing, or any sort of respiratory illness in the last 14 to 21 days?

Have you been in close contact with an individual suspected of or having been confirmed with the COVID-19 (Coronavirus) infection?

Do you currently have a fever, cough, experiencing difficulty breathing, or have a respiratory illness?



COVID-19 New Admission Screening Questionnaire

In an effort to protect visitors, friends, and residents from the spread of COVID-19 (Coronavirus Disease 2019), please answer the following questions:

Your Name: _____ Date: _____

State visiting from: _____

	YES	NO
Have you traveled to a high-risk country in the past 14 days?*		
Have you been in contact with an individual diagnosed with or under investigation for possible diagnosis of COVID-19?		
Have you experienced any of the following: Fever		
Dry Cough		
Shortness of Breath		
Nasal Congestion		
Runny Nose		
Sore Throat		
Other:		

*High risk countries, as identified by the CDC include: China, Iran, Italy, Japan, and South Korea

COVID-19 is spread from person to person by respiratory droplets between people who are in close contact with one another (about 6-feet). Symptoms may appear as soon as two days and as long as fourteen days after exposure.

I acknowledge that my answers to the above questions are truthful to the best of my knowledge. I further acknowledge that it is my responsibility to report any changes or signs/symptoms should they develop once the initial screen has been completed.

Signature of Client: _____

Alpha 180 has the right to deny admission for reasonable safety concerns for the protection of clients, staff, and visitors.

Staff Member Completing Screening: _____

Infectious Disease Epidemiology Hotline Number - 1-800-256-2748



COVID-19 Resident Screening Questionnaire

If a client is observed with symptoms related to the possibility of exposure to Coronavirus Disease 2019 (COVID-19), please have them complete the following questionnaire immediately.

Name: _____

Date: _____

	YES	NO
Have you traveled to a high-risk country in the past 14 days?*		
Have you been in contact with an individual diagnosed with or under investigation for possible diagnosis of COVID-19?		
Have you experienced any of the following: Fever		
Dry Cough		
Shortness of Breath		
Nasal Congestion		
Runny Nose		
Sore Throat		
Other:		

*High risk countries, as identified by the CDC include: China, Iran, Italy, Japan, and South Korea

COVID-19 is spread from person to person by respiratory droplets between people who are in close contact with one another (about 6-feet). Symptoms may appear as soon as two days and as long as fourteen days after exposure.

Staff Member, complete the following:

	YES	NO
Has resident seen a physician in the past 72 hours?		
Has resident been moved to quarantined location on premises?		
Have you notified Exec. Director and Dir. Of Operations?		

Staff Member Completing Screening: _____

Infectious Disease Epidemiology Hotline Number - 1-800-256-2748



Visitor Screening Questionnaire

In an effort to protect visitors, friends, and residents from the spread of COVID-19 (Coronavirus Disease 2019), please answer the following questions:

Your Name: _____ Date: _____

State visiting from: _____

	YES	NO
Have you traveled to a high-risk country in the past 14 days?*		
Have you been in contact with an individual diagnosed with or under investigation for possible diagnosis of COVID-19?		
Have you experienced any of the following: Fever		
Dry Cough		
Shortness of Breath		
Nasal Congestion		
Runny Nose		
Sore Throat		
Other:		

*High risk countries, as identified by the CDC include: China, Iran, Italy, Japan, and South Korea

COVID-19 is spread from person to person by respiratory droplets between people who are in close contact with one another (about 6-feet). Symptoms may appear as soon as two days and as long as fourteen days after exposure.

I acknowledge that my answers to the above questions are truthful to the best of my knowledge. I further acknowledge that it is my responsibility to report any changes or signs/symptoms should they develop once the initial screen has been completed.

Signature of Visitor: _____

Alpha 180 has the right to deny visitation for reasonable safety concerns for the protection of clients, staff, and visitors.

Staff Member Completing Screening: _____

Infectious Disease Epidemiology Hotline Number - 1-800-256-2748

COVID-19 Response Quick Reference

Department/Area	Stage 1: Confirmed US Case	Stage 2: Confirmed Austin, TX Case	Stage 3: Presumptive Staff/Client Case	Stage 4: Gov't Mandated Lockdown
Residential	Services function normally	No visitors in residences Approved activities only No guests at frat or residences SIQ in effect	Voluntary Team Quarantine of presumptive case(s)	Voluntary Team
Clinical	Services function normally	Optional telepsych for individual sessions (staff discretion) IOP, as normal	Req'd telepsych for individual sessions IOP cancelled	Req'd telepsych for individual sessions IOP cancelled
Academic Recovery Support	Services function normally	Optional telepsych for individual sessions (staff discretion) Study Hall, as normal	Req'd telepsych for individual sessions Study Hall assignments assigned individually (no group contact)	Req'd telepsych sessions with focus on emotional support, rather than academics/jobs
Admissions/ Marketing	Screen visitors and provide option for cancellation	Outreach meetings take place off-site No non-essential on-site visitation	Marketing department may join Voluntary Team	Marketing department may join Voluntary Team
Staffing	All staff report, as usual	Staff over 50 or with compromised immune systems may optionally work remotely	Clinical and ARS staff see clients remotely Residential staff becomes a voluntary team led by Nico	Voluntary Team



COVID-19 SYMPTOM MONITORING LOG

Client: _____

	Date(s) of Doctor's Visits:				Date of Symptom Onset:				Date Symptom's Ceased:			
Date Symptoms Are Logged:												
Time	⋮ AM	⋮ AM	⋮ PM	⋮ PM	⋮ AM	⋮ AM	⋮ PM	⋮ PM	⋮ AM	⋮ AM	⋮ PM	⋮ PM
Temperature	F	F	F	F	F	F	F	F	F	F	F	F
Felt Feverish	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
Cough	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
Shortness of Breath/Difficulty Breathing	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
Chills	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
Sore Throat	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
Runny Nose	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
Muscle Aches	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
Fatigue	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
Headache	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
Nausea	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
Vomiting	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
Diarrhea	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N	Y N
Other?												



SELF-ISOLATION POLICY

In an effort to protect the staff and clients of Jaywalker Lodge, as well as the community at large, if a client presents with respiratory symptoms Jaywalker Lodge will mandate the client to self-isolate in a designated area. The client in self-isolation will be provided with digital communication channels with staff for delivery of clinical services and updates; the client's symptoms and physical condition will be monitored; and the client will be provided with food, medication, and other essentials. The client will remain in isolation until the guidelines set forth by the Center for Disease Control (CDC) are met.

WHAT IS ISOLATION:

Self-isolation means stay away from others: As much as possible, stay in a specific "sick room" like a bedroom and away from other people. Use a separate bathroom, if available.

While in isolation, continue to:



Wash hands frequently



Cover coughs and sneezes with a tissue; dispose of tissue into a waste bin



Wear a facemask when staff is present



Disinfect all 'high-touch' surfaces

WHEN TO DISCONTINUE SELF-ISOLATION:

As set forth by the CDC, self-isolation can be discontinued under the following conditions:

- You have had no fever for at least 72 hours (that is three full days of no fever without the use of medicine that reduces fevers)
AND
- other symptoms have improved (for example, when your cough or shortness of breath have improved)
AND
- at least 7 days have passed since your symptoms first appeared



Tuesday, March 16, 2020

Dear Jaywalker Colleagues:

I wanted to update you on additional steps that we have taken today to keep our clients, staff and community safe during the Coronavirus crisis.

1. We have acquired technology from Zoom for Healthcare, that is fully encrypted and HIPAA compliant, to allow us to offer virtual counseling in both 1-1 or group sessions that patients and clinicians may join from their homes and offices. Zoom's industry leading capabilities will significantly enhance our ability to continue to provide excellent clinical services throughout the duration of this crisis.
2. [On Monday evening, we met with all outpatient and sober living clients to inform them that until further notice, all group and individual counseling sessions will be conducted online through our new Telehealth system.](#) Furthermore, the Outpatient group will be split into smaller groups to permit more individual participation. This is one of several important steps that we are undertaking in an effort to limit physical contact and keep our OP and sober living community as safe as possible.
3. We will be utilizing the Telehealth platform to allow certain clinical employees to work with clients from home or their offices. Other non-clinical employees are being provided with options to work from home as well to help reduce the risk of exposure of the virus to both clients and staff.
4. Virtually all outside 12 Step meetings (i.e. AA, NA, MIR, YRC) in the Roaring Fork Valley have been cancelled. We are looking at ways to strengthen our own in-house AA and NA meetings, and are providing options for our clients to access various online 12 Step meetings on the internet.
5. We have worked with each of the programs to identify safe opportunities to provide recreation and fitness options while our partners at the Rec Center, Yoga, MMA and CrossFit remain closed during the crisis. We have also placed an initial order for new fitness equipment for both the Lodge and Solutions buildings.

We will be providing more information and updates in the coming days and weeks. Please feel free to contact any of us on the leadership team. Stefan, Kortney, Pat and I are available to answer any of your questions of concerns. Please stay safe, brave, and kind. We will get through this together.

We are grateful for all that you do to support our men.

Yours in service, Bill

Bill Anuszewski
Chief Executive Officer



Friday March 13, 2020

Good Afternoon Jaywalker Lodge,

As a reminder, the only time a client should be wearing a mask is if they are presenting with respiratory symptoms. Please do not hand them out for any reason other than respiratory symptoms. Once a client is seen by a medical professional and is cleared they no longer need to wear a mask. Please do not use one personally unless you have been instructed to do so. There is a significant mask shortage around the world (yes, the world), and the supply we have on hand needs to be conserved for the appropriate times.

Until further notice the protocol for an ill client presenting with respiratory symptoms or fever will be:

1. Provide them with a mask.
2. Provide a thermometer, request that they take their temperature (disinfect the thermometer immediately after use).
3. Move the client into isolation.
4. Call Roaring Fork Family Physicians, inform them you are calling from Jaywalker, and schedule an appointment. (Solutions staff – please handle this personally. Do not have the client call).
5. Notify Kortney (970-989-8708), Peter (201-981-0720), or Stefan (970-618-2913) by phone or text immediately for further direction.

Masks and thermometers are available in tech offices.

Please let me know if you have any questions.

Thanks!

Kortney Hartman
Chief of Business Operations



COVID-19 SYMPTOMS MONITORING POLICY

Jaywalker Lodge will closely monitor any client presenting with respiratory symptoms that include, but are not limited to, sore throat, cough, shortness of breath, or fever.

The client shall be contacted and symptoms logged no less than twice per day. The symptoms log follows.

Should a client's condition worsen, notify Kortney Hartman immediately at 970-989-8708.

If you or the client believe there is a medical emergency call 911. Notify dispatch that the potential of COVID-19 exists.



ADDITIONAL DAILY CLEANING CHECKLIST

During each shift: morning, afternoon, swing, the following 'high-touch' surfaces need to be disinfected using Steramine Sanitizer (diluted one tablet in 32 oz. spray bottle) and wiped using paper towels or Alsc0 rag. If an Alsc0 rag is utilized it needs to be placed in the dirty rag bag in the Lodge garage. **Please wear latex gloves while completing all cleaning tasks.**

This list includes high-touch surfaces in client spaces. This list is not inclusive. If you feel something should be cleaned, then please clean it.

- Kitchen
 - Cabinet handles and pulls
 - Fridge and freezer doors and pulls
 - Appliances including blender, toaster, toaster oven, hand rail on sanitizing machine, ice machine, range and hood control knobs
 - Sink including spray nozzle and water controls
 - All counter surfaces
 - Coffee station: coffee maker, pots and filter bay (run through sanitizer), sugar and coffee containers, creamer bottles, etc.
- Common Spaces
 - Dining tables and chairs
 - Napkin holders
 - Couch and side chair arms and seats
 - Coffee tables
 - Light switches
 - Door knobs – inside and out
 - Bathrooms – door knobs inside and out, toilet seats, toilet flush handles, sink including faucet, napkin dispensers
 - Furniture in meeting rooms and Library
- Client Spaces
 - Client couches, coffee tables
 - TV remote
 - Door knobs
 - Light switches
 - Thermostats
 - Client bathrooms - door knobs inside and out, toilet seats, toilet flush handles, sink including faucet, napkin dispensers
 - Washing machine and dryer knobs and displays



COVID-19 – “Coronavirus”

WHAT WE CURRENTLY KNOW

Current understanding about how the virus that causes coronavirus disease 2019 (COVID-19) spreads is largely based on what is known about similar coronaviruses. As more information becomes available on how COVID-19 spreads, Jaywalker Lodge will provide updates.

HOW IT SPREADS:

Person-to-person spread

The virus is thought to spread mainly from person-to-person.

- Between people who are in close contact with one another (**within about 6 feet**).
- Through respiratory droplets produced when an infected person coughs or sneezes. These droplets can land in the mouths or noses of people who are nearby or possibly be inhaled into the lungs.

Spread from contact with infected surfaces or objects

It may be possible that a person can get COVID-19 by touching a surface or object that has the virus on it and then touching their own mouth, nose, or possibly their eyes, but this is not thought to be the main way the virus spreads.

Can someone spread the virus without being sick?

- People are thought to be most contagious when they are most symptomatic (the sickest).
- Some spread might be possible before people show symptoms; there have been reports of this occurring with this new coronavirus, but this is not thought to be the main way the virus spreads.

How easily does the virus spread?

How easily a virus spreads from person-to-person can vary. Some viruses are highly contagious (spread easily), like measles, while other viruses do not spread as easily. Another factor is whether the spread is sustained.

The virus that causes COVID-19 seems to be spreading easily and sustainably in the community (“community spread”) in some affected geographic areas. Community spread means people have been infected with the virus in an area, including some who are not sure how or where they became infected.

SYMPTOMS

COVID-19
CORONAVIRUS DISEASE

CORONAVIRUS DISEASE 2019 (COVID-19)

SYMPTOMS* OF CORONAVIRUS DISEASE

Patients with COVID-19 have reportedly had mild to severe respiratory illness. Symptoms can include

- Fever
- Cough
- Shortness of breath

* Symptoms may appear 2-14 days after exposure. If you have been in China within the past 2 weeks and develop symptoms, call your doctor.

www.cdc.gov/COVID19

3/4/20 © February 11, 2020 12:00 PM

Reported illnesses have ranged from **mild symptoms to severe illness** and death for confirmed coronavirus disease 2019 (COVID-19) cases.

Symptoms may appear **2-14 days after exposure***:

- Fever
- Cough
- Shortness of breath

PREVENTION

There is currently no vaccine to prevent coronavirus disease 2019 (COVID-19). The best way to prevent illness is to avoid being exposed to this virus. However, as a reminder, CDC always recommends everyday preventive actions to help prevent the spread of respiratory diseases, including:

- Avoid close contact with people who are sick.
- Avoid touching your eyes, nose, and mouth.
- Stay home when you are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Clean and disinfect frequently touched objects and surfaces using a regular household cleaning spray or wipe.

COVID-19
CORONAVIRUS DISEASE

STOP THE SPREAD OF GERMS

Help prevent the spread of respiratory diseases like COVID-19.

- Avoid close contact with people who are sick.
- Cover your cough or sneeze with a tissue, then throw the tissue in the trash.
- Avoid touching your eyes, nose, and mouth.
- Clean and disinfect frequently touched objects and surfaces.
- Stay home when you are sick, except to get medical care.
- Wash your hands often with soap and water for at least 20 seconds.

www.cdc.gov/COVID19

3/4/20 ©

- Follow CDC’s recommendations for using a facemask.
 - CDC does not recommend that people who are well wear a facemask to protect themselves from respiratory diseases, including COVID-19.
 - Facemasks should be used by people who show symptoms of COVID-19 to help prevent the spread of the disease to others. The use of facemasks is also crucial for health workers and people who are taking care of someone in close settings (at home or in a health care facility).
- Wash your hands often with soap and water for at least 20 seconds, especially after going to the bathroom; before eating; and after blowing your nose, coughing, or sneezing.
- **If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol. Always wash hands with soap and water if hands are visibly dirty.**

PROPER HAND WASHING TECHNIQUE

1 Wash

© SARAYA CO., LTD.



1 Wet the hands



2 Take an adequate amount of liquid soap



3 Rub hands to lather



4 Rub the back of each hand with the opposite palm



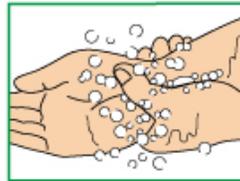
5 Rub palms with fingers interlaced



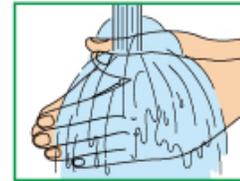
6 Rub each thumb clasped in the opposite palm



7 Rub fingertips in the opposite palm



8 Scrub the wrists



9 Rinse well with running water

TREATMENT

There is no specific antiviral treatment recommended for COVID-19. People with COVID-19 should receive supportive care to help relieve symptoms. For severe cases, treatment should include care to support vital organ functions.

PEOPLE WHO THINK THEY MAY HAVE BEEN EXPOSED TO COVID-19 SHOULD CONTACT THEIR HEALTHCARE PROVIDER IMMEDIATELY.

WHAT TO DO IF YOU ARE SICK

Stay home except to get medical care

People who are mildly ill with COVID-19 are able to isolate at home during their illness. You should restrict activities outside your home, except for getting medical care. Do not go to work, school, or public areas. Avoid using public transportation, ride-sharing, or taxis.

Call ahead before visiting your doctor

If you have a medical appointment, call the healthcare provider and tell them that you have or may have COVID-19. This will help the healthcare provider's office take steps to keep other people from getting infected or exposed.

Separate yourself from other people

People: As much as possible, you should stay in a specific room and away from other people in your home. Also, you should use a separate bathroom, if available.

Wear a facemask – IF YOU ARE SICK

You should wear a facemask when you are around other people (e.g., sharing a room or vehicle) or pets and before you enter a healthcare provider's office. If you are not able to wear a facemask (for example, because it causes trouble breathing), then people who live with you should not stay in the same room with you, or they should wear a facemask if they enter your room.

Cover your coughs and sneezes

Cover your mouth and nose with a tissue when you cough or sneeze. Throw used tissues in a lined trash can. Immediately wash your hands with soap and water for at least 20 seconds or, if soap and water are not available, clean your hands with an alcohol-based hand sanitizer that contains at least 60% alcohol.

Clean your hands often

Wash your hands often with soap and water for at least 20 seconds, especially after blowing your nose, coughing, or sneezing; going to the bathroom; and before eating or preparing food. If soap and water are not readily available, use an alcohol-based hand sanitizer with at least 60% alcohol, covering all surfaces of your hands and rubbing them together until they feel dry.

Soap and water are the best option if hands are visibly dirty. Avoid touching your eyes, nose, and mouth with unwashed hands.



Clean all 'high-touch' surface everyday

High touch surfaces include counters, tabletops, doorknobs, bathroom fixtures, toilets, phones, keyboards, tablets, and bedside tables. Also, clean any surfaces that may have blood, stool, or body fluids on them. Use a household cleaning spray or wipe, according to the label instructions. Labels contain instructions for safe and effective use of the cleaning product including precautions you should take when applying the product, such as wearing gloves and making sure you have good ventilation during use of the product.

Remember, call ahead to a healthcare professional if you develop a fever and symptoms of respiratory illness, such as cough or difficulty breathing, and have been in close contact with a person known to have COVID-19 or if you live in or have recently traveled to an area with ongoing spread. Tell your healthcare professional about your recent travel or contact. Your healthcare professional will work with your state's public health department and CDC to determine if you need to be tested for COVID-19.

PERSONAL PROTECTIVE EQUIPMENT (PPE)

PPE equipment is available in each building's tech office. This includes gloves, face masks, and full PPE kits (gown, gloves, eye protection, mask).

Who Needs to Wear PPE

Gloves should be worn anytime there is a chance that contact with any bodily fluids or other potentially infectious materials could occur.

Masks should be reserved for individuals who have symptoms of illness or are confirmed with COVID-19. The only time a mask should be worn by a healthy individual is if there will be close contact (less than 6 feet) with a person exhibiting symptoms or with confirmed COVID-19.

Eye protection and gown should only be worn during times of close contact with an individual with confirmed COVID-19. Use of this type of PPE equipment would be to protect the mucous membranes of the eyes, nose and mouth during patient-care activities that are likely to generate splashes or sprays of blood, body fluids, secretions and excretions.

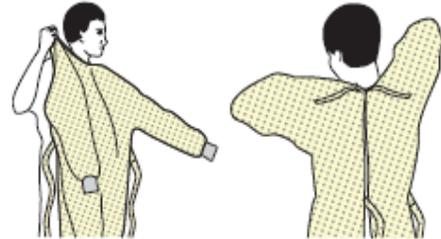
Knowing how to properly put on and remove PPE is crucial to your own protection.

SEQUENCE FOR PUTTING ON PERSONAL PROTECTIVE EQUIPMENT (PPE)

The type of PPE used will vary based on the level of precautions required, such as standard and contact, droplet or airborne infection isolation precautions. The procedure for putting on and removing PPE should be tailored to the specific type of PPE.

1. GOWN

- Fully cover torso from neck to knees, arms to end of wrists, and wrap around the back
- Fasten in back of neck and waist



2. MASK OR RESPIRATOR

- Secure ties or elastic bands at middle of head and neck
- Fit flexible band to nose bridge
- Fit snug to face and below chin
- Fit-check respirator



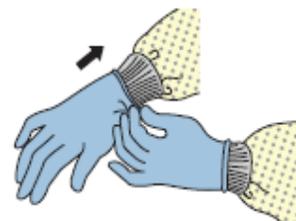
3. GOGGLES OR FACE SHIELD

- Place over face and eyes and adjust to fit



4. GLOVES

- Extend to cover wrist of isolation gown



USE SAFE WORK PRACTICES TO PROTECT YOURSELF AND LIMIT THE SPREAD OF CONTAMINATION

- Keep hands away from face
- Limit surfaces touched
- Change gloves when torn or heavily contaminated
- Perform hand hygiene



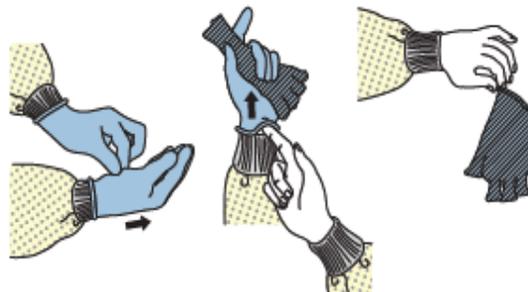
HOW TO SAFELY REMOVE PERSONAL PROTECTIVE EQUIPMENT (PPE)

EXAMPLE 1

There are a variety of ways to safely remove PPE without contaminating your clothing, skin, or mucous membranes with potentially infectious materials. Here is one example. **Remove all PPE before exiting the patient room** except a respirator, if worn. Remove the respirator **after** leaving the patient room and closing the door. Remove PPE in the following sequence:

1. GLOVES

- Outside of gloves are contaminated!
- If your hands get contaminated during glove removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Using a gloved hand, grasp the palm area of the other gloved hand and peel off first glove
- Hold removed glove in gloved hand
- Slide fingers of ungloved hand under remaining glove at wrist and peel off second glove over first glove
- Discard gloves in a waste container



2. GOGGLES OR FACE SHIELD

- Outside of goggles or face shield are contaminated!
- If your hands get contaminated during goggle or face shield removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Remove goggles or face shield from the back by lifting head band or ear pieces
- If the item is reusable, place in designated receptacle for reprocessing. Otherwise, discard in a waste container



3. GOWN

- Gown front and sleeves are contaminated!
- If your hands get contaminated during gown removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Unfasten gown ties, taking care that sleeves don't contact your body when reaching for ties
- Pull gown away from neck and shoulders, touching inside of gown only
- Turn gown inside out
- Fold or roll into a bundle and discard in a waste container

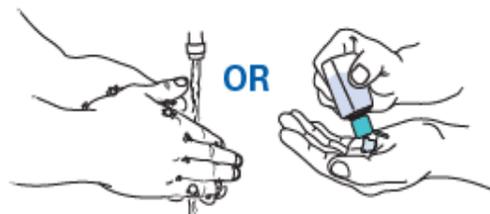


4. MASK OR RESPIRATOR

- Front of mask/respirator is contaminated — DO NOT TOUCH!
- If your hands get contaminated during mask/respirator removal, immediately wash your hands or use an alcohol-based hand sanitizer
- Grasp bottom ties or elastics of the mask/respirator, then the ones at the top, and remove without touching the front
- Discard in a waste container



5. WASH HANDS OR USE AN ALCOHOL-BASED HAND SANITIZER IMMEDIATELY AFTER REMOVING ALL PPE



PERFORM HAND HYGIENE BETWEEN STEPS IF HANDS BECOME CONTAMINATED AND IMMEDIATELY AFTER REMOVING ALL PPE



RELIABLE SOURCES TO GET MORE INFORMATION

While the media continues to cover the spread of the COVID-19, it's important to gather information from reliable sources. Along with hygiene and social distancing, properly educating ourselves is key in preventing the continued spread COVID-19, or any communicable disease.

Please take a moment to educate yourself about COVID-19 through the appropriate organizations:

- **World Health Organization (WHO)**

<https://www.who.int/emergencies/diseases/novel-coronavirus-2019>

- **Center For Disease Control and Prevention (CDC)**

<https://www.cdc.gov/coronavirus/2019-ncov/index.html>

- **Colorado Department of Public Health and (CDPHE)**

<https://www.colorado.gov/pacific/cdphe/2019-novel-coronavirus>

- **Garfield County Public Health**

<https://www.garfield-county.com/public-health/novel-coronavirus/>

There are multiple hotlines available for current information in the State of Colorado:

- **Colorado Health Emergency Line** **877-462-2911**
- **Garfield County Public Health** **970-945-6614 x 2037**
- **Pitkin County Community COVID-19** **970-429-6186**

Jaywalker's leadership team is available to provide support and to navigate any situations that may arise 24/7. Please do not hesitate to call one of us at any time:

- Bill Anuszewski 970-309-0700
- Stefan Bate 970-618-2913
- Kortney Hartman 970-989-8708
- Patrick Shaffer 970-379-9943



IMPORTANT NOTICE

In an effort to protect each other,
**this building is CLOSED to anyone who is
not an approved staff member or resident.**

Please call 970-704-9292 before entering if you have any questions.

Jaywalker leadership thanks you for protecting our community.

