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March 13, 2020

Dear Jaywalker Family and Community,

At Jaywalker, we take our responsibility to the safety of our clients and our community seriously. For the past few weeks, we have been closely monitoring the spread of COVID-19 throughout the United States, following guidance from the CDC and local health authorities, and consulting with community health experts to ensure we have the right plans and resources in place to safeguard the health and wellbeing of all the people we serve.

Nothing is more important. Over the past two weeks, we have taken the following actions:

- Instituted a screening process for admissions and outside visitors that includes questions about recent fevers, overseas travel, and family members' risks to reduce the possibility of introduction of the virus into the treatment environment. Anyone deemed a possible risk to our clients or staff will not be admitted to our facilities.
- Developed specific health and safety protocols for any current client or employee presenting with flu-like symptoms.
- Dispersed flu/COVID-19 prevention information and instructed staff to stay home if they are sick pursuant to CDC recommendations.
- Increased sanitization of equipment and areas within our buildings.
- Limited our client's activities in certain areas of concern (i.e. Aspen).

Today, we are taking additional actions that are in the best interest of protecting the health and well-being of both clients and staff members:

1. We have suspended non-essential work-related travel for all Jaywalker staff, as well as site visits and in-person meetings with external parties at Jaywalker's offices and facilities,
2. We are urging employees to take precautions with personal travel to minimize the risk of exposure. We understand that staff may have booked vacation or family trips. While we have no authority to cancel these trips, it is strongly suggested that employees postpone or cancel travel until the COVID-19 situation improves. Employees leaving the area will be screened/assessed prior to their return to work.
3. **Out of an abundance of caution, we are now taking the extra measure of postponing or canceling all in-person events scheduled to occur between March 16 and April 12, 2020, including the Lodge Family Program and client requested Leaves of Absences (LOA), and vendor meetings.**

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Family and Friends of Alpha 180,

We take the health and well-being of our students, families, and staff very seriously. In addition to the potential risk to physical health, we recognize that the threat of COVID-19 (Coronavirus Disease 2019) also affects us emotionally. We would like to share our response to this important matter to protect both the physical safety and peace of mind of all friends of Alpha 180. We will continue to keep you up to date regarding our response as this situation develops.

A few important points about COVID-19:

- COVID-19 is a highly contagious virus expected to spread through the United States over the coming months
- Though there have been 34 confirmed cases in Texas, no cases have been reported in Austin/Travis County
- Young adults remain a low risk demographic for developing life-threatening symptoms
- Screening individuals is the most effective way to identify potential infection
- Handwashing and isolation techniques that apply to influenza should continue to be utilized

In order to protect all Alpha 180 community members, we have taken the following actions:

1. Suspended all non-essential work-related travel for Alpha 180 staff and students
 - Staff have been strongly encouraged to cancel all upcoming travel
2. Instituted screening procedures for staff and current clients
 - Any staff displaying cold-like symptoms have been instructed to stay home
3. Established a protocol if a suspected or confirmed case of COVID-19 occurs within the facility
 - We have a multi-stage procedure to address day-to-day service deliver should the virus spread further
4. Limiting community-based client activities
 - In-house meetings with community member guests have been suspended
 - Weekly activities in the community are being assessed for risk or suspended in lieu of in-house activities
5. Enacted screening procedure of all visitors and new clients
 - Only essential site visitation is permitted, and all visitors are being screened for risk factors at the door
6. Daily disinfectant protocol for all facilities with viricidal solution
7. Conducted staff training on COVID-19 and prevention measures
8. Educated clients regarding COVID-19 and prevention measures
9. Daily monitoring of COVID-19 progression and best practices for prevention
10. Are developing a multi-stage protocol to adapt daily programming in the event that symptoms are reported in the Austin community or amongst Alpha 180 staff or students

What can you do to help?

- Please consider postponing any planned visitation to Alpha 180
- Please consider postponing any planned travel with your student
- Support us by helping your student understand the importance of following recommendations regarding exposure prevention

4. We will be offering our family therapy component remotely via computer so that families do not have to travel to our site for the family program or their individual family counselor session.
5. Working with the program directors, we are implementing new guidelines and protocols that call for limiting or suspending group activities and interaction within our local community. These include:
 - Recreational and fitness remain a vital part of the Jaywalker experience. However, we are shifting our current activities (CrossFit, Yoga, Rec Center, Martial Arts, Skiing) to pursuits that have a lower risk of exposure (i.e. hiking, biking, in-house fitness and yoga classes, golf, fly fishing, etc.)
 - Clients will not be attending outside 12 Step meetings (i.e. AA, NA, MIR, YRC) and Jaywalker will provide both AA and NA meetings to clients and staff in our facility.
 - We are suspending until further notice sign-outs and all community meetings at Jaywalker Lodge. This includes the Wednesday night Alumni Dinner & Meeting and the Friday Night Speaker Meeting.
 - We will provide on a limited basis a dedicated space and protocols for clients to meet with sponsors and family members who may be visiting.
 - Restrict access to each of our buildings only to visitors that have been pre-screened/pre-approved.
6. In conjunction with the Garfield County Public Health Department, there is a process in place to screen any Jaywalker client or staff member who has come in contact with an infected individual or exhibits symptoms of COVID-19 and provide quick access to testing for the virus.
7. The clinical and operations teams, working with local health authorities have finalized the protocols that will go into effect in the event we have a resident or staff member who's been exposed or in recent contact with an infected individual, or a client or staff member who has symptoms of the illness, or is positive for COVID-19. We will continue to update and assess each program's preparedness for implementing voluntary isolation of clients as necessary, and our ability to respond to a mandatory quarantine order.

With the COVID-19 situation evolving quickly, we believe we must act decisively in order to minimize risk for the Jaywalker community and do our part to slow the spread of this outbreak across the local community. We are monitoring the situation closely and will continue to assess our protocols and future events as the situation evolves, always putting health and safety first.

Thank you for your support and commitment as we respond to this evolving situation together.



Bill Anuszewski
CEO, Jaywalker Lodge

As always, we will follow our standard infectious diseases protocol, while diligently monitoring the progression of this issue. If you have any questions or concerns, please contact me or our Director of Operations at wes@alpha180.com. We greatly value the well-being of all those we serve and are committed to keeping them safe.

Sincerely,

A handwritten signature in black ink, appearing to read "Nico Doorn". The signature is fluid and cursive, with a large initial "N" and "D".

Nico Doorn, Executive Director

Up-to-Date info on COVID-19 in Austin, Texas

<http://www.austintexas.gov/COVID19>

CDC info on COVID-19

https://www.cdc.gov/coronavirus/2019-nCoV/index.html?mc_cid=76b90cef23&mc_eid=a09538fc9e

Family Update

March 13, 2020

Update on COVID-19 at Jaywalker Lodge

Dear Families,

The leadership team at Jaywalker Lodge met with all clients and staff this afternoon with the latest COVID-19 update. Please see our email below, which contains information about details on the actions we are taking in response to the COVID-19 virus. Jaywalker Lodge is not shutting down, and all clinical services remain open. However, in an effort to minimize close contact among groups of people, we are canceling certain recreational activities and outside. We are also suspending in-person visits and our moving our Family Program on-line.

Please know that our leadership teams are working with health officials, at the city, state, and national level to keep everyone informed, work on contingency planning, and manage a constantly shifting situation. We appreciate your continued patience, which is critical to our efforts to keep our community as healthy and safe as possible.

These are certainly unprecedented times. Let me again thank you all for your support as we work to uphold the safety and well-being of our community. I will continue to be in touch as information becomes available

With care,

Bill Anuszewski, CEO Jaywalker Lodge