

PRESS RELEASE

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ForSE Releases 2025 Annual Summary, Celebrating Five Years of Progress in Addiction Treatment Outcomes

The NAATP Foundation for Recovery Science and Education (ForSE) is proud to announce the release of its 2025 Annual Summary, marking a significant milestone: five years of leading the field toward outcomes-based addiction treatment research and practice. The report highlights data from over 130 participating treatment centers across the country, offering insights into patient experiences, treatment effectiveness, and long-term recovery trends.

Since its launch in 2019, ForSE has united treatment providers through the Addiction Treatment Outcomes Program, which collects and benchmarks patient-reported outcomes across a diverse range of services and populations. The data help providers evaluate their effectiveness, improve clinical practice, and advocate for quality care.

As pressures mount for accountability and value in healthcare, this report, as well as the individualized facility-specific reports that ForSE delivers to participating centers annually, help treatment providers demonstrate the effectiveness of their services and equip payers with credible, standardized data that reflect good clinical practice.

This year's findings reaffirm key trends:

- Patients demonstrate measurable improvements in mental health, well-being, and recovery capital during treatment.
- Longer engagement in treatment is linked with reduced relapse risk — for example, patients who remained in care for at least 30 days were 23% less likely to relapse than those who left earlier.
- Challenges persist around post-discharge follow-up, but programs that implement structured outreach report stronger long-term engagement.

"This year's report is a celebration of progress — not just in the data we've gathered, but in the culture shift we're witnessing," said Annie Peters, PhD, Executive Director of ForSE. "We now have five years of shared learning and collaboration, and the impact is visible: providers are using data to deliver better care and advocate for policies that support long-term recovery."

The 2025 report also includes new analyses that offer deeper insights into patient outcomes and risk factors. For example, after accounting for key variables such as primary substance, level of care, and psychiatric acuity, younger patients (ages 18–25) were found to have a 31% higher likelihood of leaving treatment against medical advice, highlighting the importance of age-responsive engagement strategies.

The ForSE Board of Directors added: "ForSE is not just collecting data — it is changing the culture of care. By uniting treatment providers around common measures and shared learning, ForSE is building a national foundation for accountability, effectiveness, and long-term recovery."

Access the report here: [2025 ForSE Annual Summary](#)

The NAATP Foundation for Recovery Science and Education (ForSE) is the research arm of the National Association of Addiction Treatment Providers (NAATP). ForSE empowers treatment providers and stakeholders with data-driven insights to improve outcomes and advance the science of recovery. Learn more at www.naatp.org/foundation.

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