Seeking treatment for addiction at any time can be scary. With the current health crisis, many fear going to medical facilities at all. It's important to not let this fear discourage you or your loved one from getting help. Many addiction treatment centers, like <u>Futures Recovery Healthcare</u>, have taken extra precautions to help prevent clients and staff from COVID-19 so clients can focus on their recovery.

In order to continue to provide essential treatment for those whose lives are at risk from the disease of addiction and keep everyone safe, Futures Recovery Healthcare is engaging in the following precautionary measures:

- Adhering strictly to CDC, Federal, and State preventative measures and guidelines.
- Replacing in-person visitation with video calls. All visitation to our facility was discontinued effective 3/18/2020. Our patients work with their primary therapist to utilize video conferencing with loved ones.
- Continuing to be one of the only treatment centers offering a private room and bathroom for all clients.
- Substituting facility guest and outreach tours with phone calls, video tours, and email communications.
- All staff are required to wear a face mask and maintain proper social distancing while at the facility.
- Maximizing and increasing sanitization practices throughout all sections of Futures' campuses.
- Screening all staff prior to allowing entry into all buildings for elevated temperatures and any other <u>COVID-19 symptoms</u>.
- Any employee-based meetings will take place via dial-in from your office or alternative work space.
- Practicing <u>social distancing</u> during group therapy by utilizing large community rooms at Futures and maintaining the recommended distance (with the option for even more space if desired) between participants.

- Implementing various options for eating meals including all clients eating at separate tables spaced six feet apart, requesting meals in rooms for certain groups, providing separate dining areas as requested.
- Our medical and nursing teams are monitoring all current patients on a daily basis checking for symptoms to take appropriate action if needed. If a patient becomes ill or is suspected of having COVID-19 we will follow protocols already in place which include immediately isolating the patient in their room and then determining next steps which can include: arranging a transport to send them to the hospital, obtain appropriate testing and notify all appropriate agencies while following their guidance.
- All deliveries to the facility will be dropped off at the door outside instead of coming into the facility. Packages are disinfected prior to entering the building.
- Increasing standards and criteria for admission to help minimize any risk of admitting, current clients and staff. With travel restrictions in place, Futures now requires a two-week quarantine for any clients seeking treatment coming from a high-risk state prior to admission.
- All admissions seeking treatment at Futures will be administered a rapid COVID-19 antibody test with results documented. Potential admissions must be willing to take this test in order to be eligible for admission. Patients will not be admitted with a positive test until medically cleared and a documented waiver of illness is obtained.
- All newly admitting patients are required to wear a face mask provided at time of admission for the first 14 days of treatment. After that time period they can choose whether or not to continue wearing.

Even during a pandemic, the disease of addiction doesn't rest. There are many in dire need of substance use treatment. Futures is dedicated to continuing to help those in need and want everyone struggling with a substance use disorder to know they are not alone and have options for help during this difficult time.

If you want to take advantage of this time when life has all but come to a halt, <u>contact us online</u> or call 561-475-1804 today and take the first step to recovery, peace of mind, and happiness.