

# NAATP NATIONAL 2021



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ADDICTION TREATMENT PROVIDERS

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# The Continuity of Care Gap

## Effective Communication and Transition

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Chief Executive Officer  
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# Continuity of Care Gap

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# Development of the Continuum

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# GAP

Finances

Lack of Collaboration

Lack of Respect

Lack of Follow through

Lack of Humility

Failure to understand the continuum

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The responsibility lives  
with us



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# Bridging the Gap

Community Based Professional Transition Services

Interventions

Safe Passage (Safe Transport)

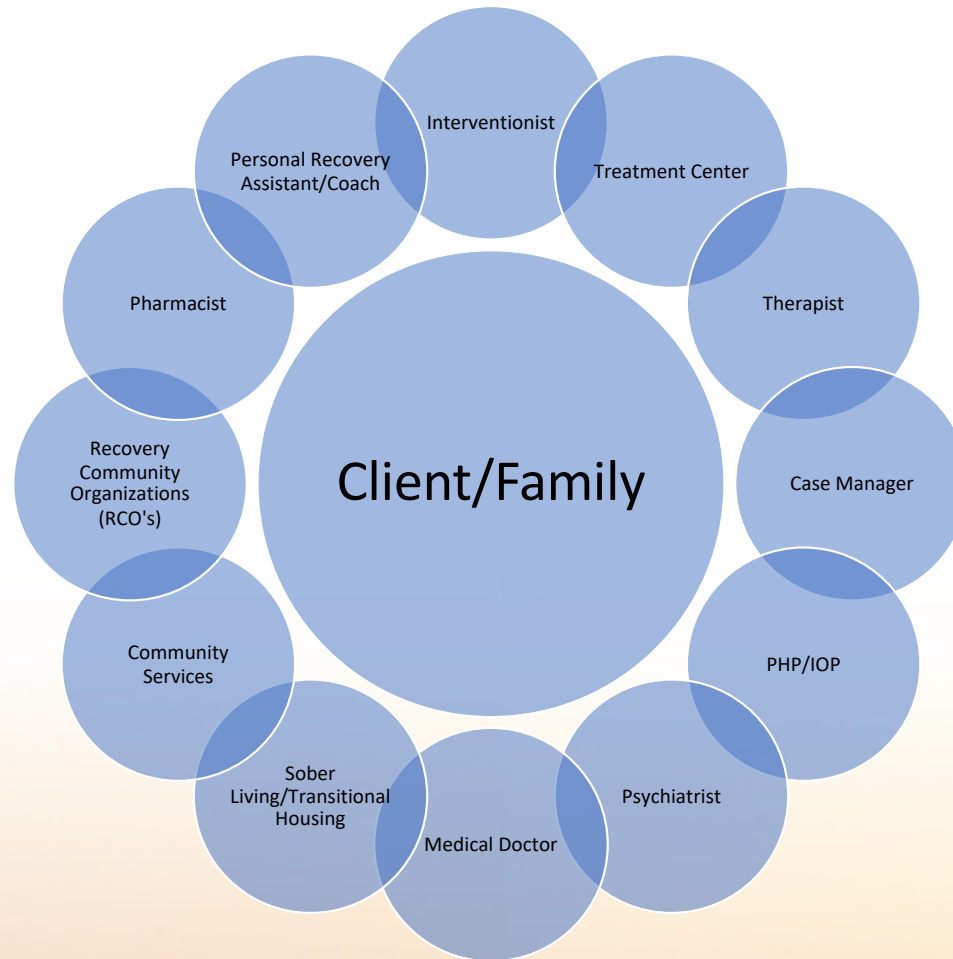
Case Management

Personal Recovery Assistants/Sober Companions/Peer Recovery

Monitoring Programs

PHP/IOP

The Coach Connect (virtual apps)



# What Affects High Quality Transition Planning

- Strong leadership support for new and improved transition policies
- Positive relationships between the sending and receiving providers
- Active communication with family and support members
- Family and support members having necessary resources and capacity for needed processes (finances, burnout, need for additional external resources)
- Interdisciplinary team involvement and collaboration
- Transitions that involve interpersonal communication, instead of only written or electronic communication, throughout the continuum of care

# What Affects High Quality Transition Planning Cont.

- Coordination and management of medication, including possible side effects, in collaboration with pharmacists and medical professionals
- Two-way client and family education- teaching client and family their role and responsibility in managing the problem while learning about the psychological issues and how to relate to one another with trust and without conflict
- Electronic health records (EHS and ROI's), as long as they are not relied upon as a sole method of communication
- Staff member(s) assigned for accountability of transition- related tasks and outcomes

[www.jointcommission.org/assets/1/6/TOC\\_Hot\\_Topics.pdf](http://www.jointcommission.org/assets/1/6/TOC_Hot_Topics.pdf)




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**Research shows that the longer the client stays in treatment, the better the outcome.**

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**One year of treatment yields to best outcome.**

# Potential Gaps

- Intervention/Educational  
Consultant

- Detox
- Residential
- PHP
- IOP
- OP

# Potential Gaps (2)

- **Residential Treatment**

- PHP
- IOP
- OP
- Sober Living
- Peer support programs

# Potential Gap (3)

**Family**

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# Recovery Community Organizations (RCOs)

*History and Ecology*

presented by

**Phil Rutherford**

**Chief Operating Officer**

**Faces & Voices of Recovery**



 **FACES & VOICES  
OF RECOVERY**  
ADVOCATE. ACT. ADVANCE.

# Learning Objectives

Define Recovery Community Centers (RCCs) and Recovery Community Organizations (RCOs)

Identify the Differences & Similarities of RCC's and RCO's

Describe the types of RCOs

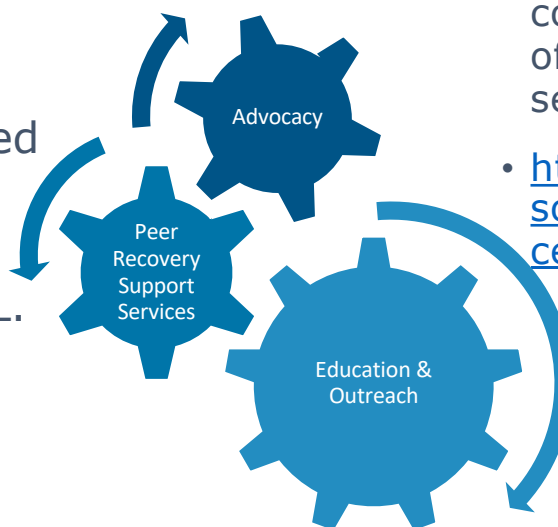
Provide examples of what RCCs and RCOs do

Recall Core Principles and Best Practices

## Definitions RCO's and RCC's

### Recovery Community Organization (RCO)

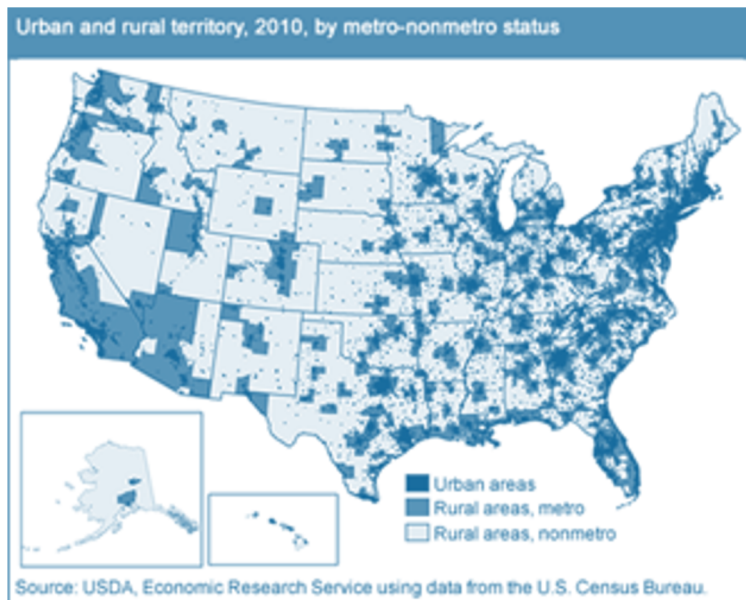
- A recovery community organization (RCO) is an independent, non-profit organization led and governed by representatives of local communities of recovery.
- Phillip A. Valentine, William L. White and Pat Taylor, 2007



### Recovery Community Center (RCC)

- Non-profit centers for the recovery community that offer local networks of non-medical, recovery support services.
- <https://www.recoveryanswers.org/resource/recovery-community-centers/>

## Types of RCOs



**Metropolitan/Urban >50,000**  
1,000 persons/Sq. mile  
**Urban Clusters 2,500 – 49,999**  
1,000 persons/Sq. mile  
**Rural & Small Town <2,500**  
> 500 persons/Sq. mile

# What do RCOs Do?

## Advocacy & Peer Recovery Support Services



### Advocacy

- conduct ongoing local recovery support needs assessment surveys or focus groups,
- organize recovery-focused policy and advocacy activities,
- support the development of recovery support institutions (e.g., education-based recovery support programs, recovery community centers, recovery cafes, recovery ministries, recovery-focused employment programs, recovery-focused prison reentry programs, etc.),



### Peer Recovery Support Services

- provide peer recovery support services (PRSS)

# What do RCOs Do?

## Education & Outreach

### Education

- increase recovery workforce capacity and expertise through training and education
- conduct recovery-focused public and professional education events

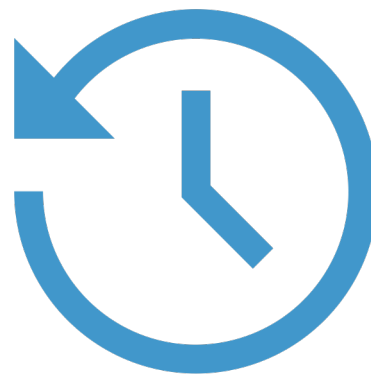


### Outreach

- carry out recovery-focused outreach programs to engage people seeking recovery, in recovery, or in need of recovery-focused support services or events to educate and raise public awareness
- host local; regional; or national recovery celebration events,
- collaborate on the integration of recovery-focused activities within local prevention; harm reduction; early intervention; and treatment initiatives

## The History

- Foundational work from Bill White et al.
- Formed and grown over the past 25+ years
- Proliferation across all communities
- Language and cultural challenges
- Internal stigma, because...humans
- Recent ARCO review of criteria
- Transition to best practice and standards



## 10 Best Practices

1. Non-profit Organization
2. Led and Governed by the Recovery Community
3. Primary Focus is Recovery from Substance Use Disorders
4. Grassroots
5. Participatory Process
6. Peer Recovery Support Services
7. All Pathways Towards Recovery
8. Diverse, Equitable, and Inclusive Policies, Practices, and Services
9. Recovery-Friendly Language
10. Code of Ethics and Grievance Policies





**Questions?**

## The ABCs of this Presentation

# ABCs

- ARCO: Associations of Recovery Community Organizations
- D.E.I.: Diversity, Equity, and Inclusion
- PRSS: Peer Recovery Support Services
- RCC: Recovery Community Centers
- RCO: Recovery Community Organizations

## Resources

- Recovery Community Centers
  - <https://www.recoveryanswers.org/resource/recovery-community-centers/>
- Recovery Community Organization Toolkit
  - <https://facesandvoicesofrecovery.org/arco/rco-toolkit/>
- Rural Prevention and Treatment of Substance Use Disorders Toolkit
  - <https://www.ruralhealthinfo.org/toolkits/substance-abuse>

## References

- Ashford, R. D., Brown, A. M., & Curtis, B. (2018). Substance use, recovery, and linguistics: The impact of word choice on explicit and implicit bias. *Drug and alcohol dependence*, 189, 131–138. <https://doi.org/10.1016/j.drugalcdep.2018.05.005>
- Faces & Voices of Recovery. (2012). *Recovery community organization toolkit*. <https://facesandvoicesofrecovery.org/arco/rco-toolkit/>
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- Valentine, P. A., White, W. L. & Taylor, P. (2007). *The recovery community organization: Toward a working definition and description*. <http://www.williamwhitepapers.com/pr/2007DefiningRecoveryCommunityOrganization.pdf>